

Triggers that may worsen gMG symptoms include:

- Certain medications
 - IV magnesium
 - Certain antibiotics
 - Certain heart/blood pressure medications
 - Certain general anesthetics and paralytics
- Botulinum toxin
- Stopping or reducing medications used to treat MG
- Illness or infection
- Heat
- Stress from trauma or surgery

Please contact a OneSource™ Case Manager for more information regarding gMG at **1.888.765.4747** or email us at **OneSource@alexion.com**.

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I have been diagnosed with generalized myasthenia gravis (gMG) and may be having an exacerbation or myasthenic crisis, which requires urgent care.

gMG is a chronic autoimmune neuromuscular disease that causes weakness in the muscles.

A myasthenic crisis is a **potentially life-threatening** complication of gMG. Respiratory failure occurs due to weakness of respiratory muscles, and mechanical ventilation is required.

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Emergency contact information

Contact 1

Name _____

Phone _____

Contact 2

Name _____

Phone _____

For further questions, please contact my gMG doctor.

Doctor _____

Phone _____

Trouble breathing at rest or after physical activity is characteristic of a gMG exacerbation. Signs and symptoms of gMG may include:

- Difficulty speaking and chewing
- Choking and difficulty swallowing
- Double vision or drooping eyelid
- Difficulty supporting neck
- Weakness in arms and/or legs
- Tiredness
- Difficulty walking
- Difficulty standing

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